



New Rates Effective: May 20 2024

Please note that the affected packages are listed below. At this time, there will be no changes to the pricing of High Performance Personal Training or existing memberships.

Drop In Packages (Access To Regular Classes)

[View Full Schedule](#)

- 5 Class Package: \$140.00
- 10 Class Package: \$260.00
- 20 Class Package: \$480.00
- 45 Class Package: \$810.00

New Membership Options: [More Info](#)

- Ultimate Membership: \$135.00
- 3 Month Membership: \$450.00

TKO Personal Training (30 Min Sessions)

Private Training Packages:

- Single Session: \$58.00
- 5 Sessions: \$269.00
- 10 Sessions: \$510.00
- 25 Sessions: \$1150.00

Semi-Private Training Packages:

- 5 Sessions: \$320.00 (Shared Client Rate \$160)
- 10 Sessions: \$600.00 (Shared Client Rate: \$300)