

RETURN TO SAFE SPORT PROTOCOLS BOXING ONTARIO SANCTIONED

PURPOSE

The purpose of this COVID-19 Guideline is to ensure that proper precautions are taken for the reopening of Kingsway Boxing Club. By following this policy, employees, volunteers, members, visitors and contractors will reduce risk of infection to themselves and others.

SCOPE

This procedure is applicable to all Kingsway Boxing Club employees, volunteers and all contractors performing work on Kingsway Boxing Club property.

RESPONSIBILITY

All Kingsway Boxing Club employees are responsible for implementation, adherence and execution of this procedure and the [Boxing Ontario Return To Training Protocols](#)

DEFINITIONS

- COVID-19: a mild to severe respiratory illness that is caused by a coronavirus (*Severe acute respiratory syndrome coronavirus 2* of the genus *Betacoronavirus*), is transmitted chiefly by contact with infectious material (such as respiratory droplets) or with objects or surfaces contaminated by the causative virus, and is characterized especially by fever, cough, and shortness of breath and may progress to pneumonia and respiratory failure
- Coronavirus: any of a family of large single-stranded RNA viruses that have a lipid envelope studded with club-shaped spike proteins, infect birds and many mammals including humans, and include the causative agents of MERS, SARS and COVID-19.
- Social Distancing: the practice of maintaining a greater than usual physical distance (such as six feet or more) from other people or of avoiding direct contact with people or objects in public places during the outbreak of a contagious disease in order to minimize exposure and reduce the transmission of infection
- Passive Screening: the practice of using signage and information to allow a patron to self-identify to a specific location or person if they experience COVID-19 symptoms
- Active Screening: the practice of identifying if a person is experiencing COVID-19 symptoms.

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PROCEDURE

Information and Instruction

Kingsway Boxing Club will ensure that a COVID-19 information board is posted at the entrance to the facility. The COVID-19 Information board will contain information on COVID-19 for members, volunteers, workers and visitors. Information and signs will be posted to notify all who enter that they must not enter if they have common symptoms of COVID-19.

Additional signs will be posted on the COVID-19 information board with information respecting to:

- a) Social Distancing
- b) Self-Screening
- c) Cleaning and Disinfecting
- d) Personal Protective Equipment care and use
- e) Handwashing Instructions (washrooms)

Social/Physical Distancing

- i. The number of patrons allowed into the facility at any one time will be limited to ensure that there is sufficient space to allow members the ability to remain two metres apart from one another.
- ii. Kingsway Boxing Club will provide administrative controls by the way of arrows and signs to ensure that members and visitor follow a path of travel that permits social distancing and mitigates congregation.
- iii. Any staff or volunteers that have any symptoms of the illness shall be required to self-isolate and contact their care provider.
- iv. Kingsway Boxing Club will encourage physical distancing and will discourage congregation. Members will be encouraged to conduct their workout and exit the facility without unnecessary delay when classes have completed.
- v. Kingsway Boxing Club will provide new equipment for purchase and ensure that members are informed that shared equipment will not be provided by Kingsway Boxing Club. List includes but is not limited to: boxing gloves, hand wraps, water bottles and floor mats.
- vi. Kingsway Boxing Club will require any and all payment to be made using electronic or contactless forms of payment prior to attendance.
- vii. Updated Guidelines and Protocols Visit: [KBC Response to COVID-19](#)

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Screening Measures

- viii. Kingsway Boxing Club will have at least one safety protocol trained staff member present when the club is open for business.
- ix. Kingsway Boxing Club will conduct active screening measures for all members and visitors. Additionally all members and visitors will be asked a standard set of questions to screen for symptoms of COVID-19 when scheduling sessions and before entering any Kingsway Boxing Location. Any member or visitor that answers yes to any of the pre-screening questions will not be permitted to enter the facility.
- x. Kingsway Boxing Club will also provide passive screening measures for all members and visitors by means of the COVID-19 information board.

General Cleaning and Disinfecting

- xi. Kingsway Boxing Club will provide hand sanitizer stations and soaps at the hand washing station in the washroom and designated locations around gym.
- xii. Kingsway Boxing Club will ensure that all high-touch surfaces are disinfected before and after use by disinfectants listed on the Health Canada website identified as a disinfectant and has been confirmed to be effective against COVID-19. Kingsway Boxing Club will also ensure the disinfectants are used according to manufacturer's directions
- xiii. Kingsway Boxing Club training times will be posted on the Kingsway Boxing Club website and social media accounts thus giving workers adequate time to disinfect equipment and surfaces before and after each class.
- xiv. Kingsway Boxing Club will require all members to arrive at the gym in workout clothes and to only use the washrooms for use of toilet and handwashing. All change rooms will be off limits for use by members.
- xv. Kingsway Boxing Club will ensure that exercises routines that have been previously accepted as safe by the Boxing Ontario COVID-19 Task Force are adhered to. Exercise routines that have been deemed as restricted shall not be performed
- xvi. Kingsway Boxing Club workers and volunteers will ensure that surfaces are immediately cleaned if any employees, volunteers, members, visitors or contractor is observed to have sneezed in the facility.

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24-hr Staff Cleaning Process

- xvii. Club owner/management will open gym facilities in the morning and sanitize all equipment and training areas before clients enter facility.
- xviii. Members/clients will be required to wipe all areas and bags/equipment in which they will be in contact with before and after use. The solutions provided are sanitizing spray ([Sanitol Information](#)), which kills all bacteria and viruses.
- xix. Minimum 15 minutes will be allotted between sessions to allow gym to be sanitized and cleaned before the next class/client enters the facility.
- xx. Club owner/management will close gym facilities at the end of the day following completion of all classes and sessions. Sanitization of all equipment and training areas will be conducted on all equipment and surfaces.

Personal Protective Equipment

Kingsway Boxing Club will ensure that PPE is available for all workers that request them.

CONCLUSION

Kingsway Boxing Club will ensure that adherence to these guidelines are maintained and Kingsway Boxing Club will strive for the continual improvement of these guidelines. Kingsway Boxing Club will ensure that it stays informed of any and all changes to COVID-19 information obtained from Public Health Canada website and Boxing Ontario COVID-10 Task Force.



RETURN TO TRAINING ASSESSMENT

MEMBER CLUB NAME: Kingsway Boxing Club

Prior to a member club opening the following must be met and documented.

	Item	Determination PASS (P) / UNDER REVIEW (UR) / REJECTED (REJ)*	QA Person
1	Submitted EAP	P	FT
2	Policies in place (9 in total)		
	1. Club access process	P	FT
	2. Daily opening	P	FT
	3. Daily closing	P	FT
	4. Illness screening	P	FT
	5. Contamination plan & cleaning	P	FT
	6. PPE requirements	P	FT
	7. Physical distancing	P	FT
	8. Signage use	P	FT
	9. Communication with Public Health	P	FT
3	Confirmation of PPE (proof)	P	FT
4	Tracking system in place (proof)	P	FT
5	Staff / Volunteer training (proof)	P	FT
6	Confirmation of products (proof)	P	FT
7	Confirmation of location of "hand sanitizer" (proof)	P	FT
8	Confirmation of signage (proof)	P	FT
9	Name of local Public Health	P	FT
10	Participation in Boxing Ontario Webinar (1 coach)	P	FT
11	Date of planned opening	P	FT
12	Name of responsible coach (Ideally same as pt 10)	P	FT

*NOTE: If rejected a reasoning and process for improvement must be documented here and reviewed with the member club.

WHEN ALL ABOVE POINTS ARE "PASSED".

Boxing Ontario has determined that that above member club meets the minimum requirements to open under O. 223/20.

PASSED AS OF (DD/MM/YY): 04/06/20 EVALUATOR: F. Ten Eyck